

Pali Institute Packing List

5-day Session

(Warm Weather May-Sept.)

Water Bottle

Sleeping Bag

Pillow

4 pairs of underwear

6 pairs of socks

3 pairs of long pants

2 pairs of sneakers

(No Uggs, Converse, or similar shoes)

6 t-shirts & 2 long sleeve shirts

2 sweatshirts & 1 jacket

1 towel & face cloth

2 pairs of pajamas

Slippers (optional)

Sunscreen

Sunglasses

Toiletries & Lip Balm

Day Pack – Backpack

Flashlight

Money for Camp Store (optional)

1 Canned Good*

3-day Session

(Warm Weather May-Sept.)

Water Bottle

Sleeping Bag

Pillow

2 pairs of underwear

3 pairs of socks

2 pairs of long pants

2 pairs of sneakers

(No Uggs, Converse, or similar shoes)

3 t-shirts & 1 long sleeve shirt

1 sweatshirt & 1 jacket

1 towel & face cloth

2 pairs of pajamas

Slippers (optional)

Sunscreen

Sunglasses

Toiletries & Lip Balm

Day Pack – Backpack

Flashlight

Money for Camp Store (optional)

1 Canned Good*

For a Cold Weather Trip

(Oct.-May)

In addition to the items above

Beanie & Waterproof Gloves

Waterproof Rain/Snow Jacket

Wool Socks & Extra Socks

Waterproof Snow Boots

Long Underwear

Waterproof Snow/Rain Pants

**Pali Institute is organizing a can collection drive to support food banks across Southern California. If you are able to assist, we kindly request that you bring one can of vegetables or soup in your luggage, which will be donated to those in need.*

Unnecessary Items

To avoid the loss of valuable items, we strongly suggest that the following items remain at home: cell phones, video games, computers, portable music devices and other expensive electronics. The Pali Institute staff will confiscate all of the previously listed items upon your child's arrival. In particular, cell phones are not permitted at Pali as reception is almost non-existent and we find it distracts from the learning environment. As mentioned in the Important Information section, your child will not be permitted to call home during their visit. **Also, we cannot guarantee any of these items' safekeeping and will not replace them if lost.**

Electronic book readers such as the Kindle or Nook will be allowed provided they do not have the capabilities to access the internet, in other words they do not have Wi-Fi or 3G/4G connections. Please do not pack aerosol cans or any flammable items. **Any food, candy and electronic devices will be collected upon arrival, as we do not allow these items in the cabins.** We have found that students do not need more items than what is listed on the above packing list.

During our cold weather months there is a good chance of rain, snow or both. Located at 6,400 feet above sea level, Pali experiences colder weather and more intense sun radiation than its surrounding areas. We can get snowstorms as early as October and as late as mid April. Even when our days are warm and sunny, our evenings are guaranteed to be chilly if not cold. Because your child will be spending most their time outdoors, please help them pack the appropriate layers indicated on the packing list. A warm student is a happy student! Even during the coldest of weather, we experience stronger UV rays at our elevation and recommend sunscreen and sunglasses year around. Pali Institute recommends checking the weather forecast frequently prior to your visit. The weather can change drastically from day to day, and we want you to ensure that your child is properly prepared.

[Running Springs Weather Forecast](#)